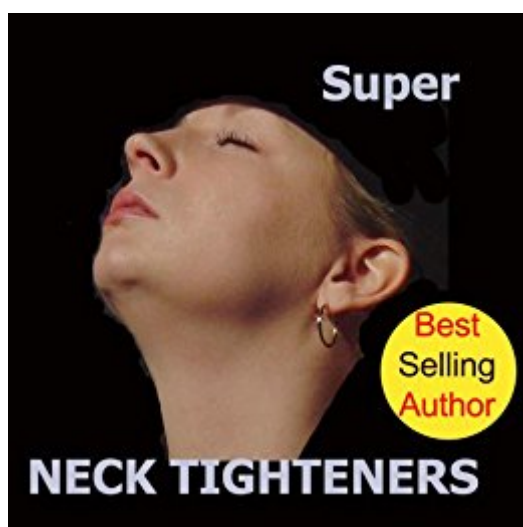


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# Natural Facelift Super Neck Tighteners That Rejuvenate The Neck And Diminish A Double Chin!



## Synopsis

**BEST SELLER! SUPER NECK TIGHTENERS! WITH BONUS SUPER FACIAL FIRMING MASK**  
**FRESH FROM THE FRIDGE! ONE DAY YOU LOOK INTO THE MIRROR AND SAY! "OMG! Where**  
did that turkey neck come from?" And you panic. You go to the search box and type in "smooth  
wrinkle-free neck" and look for appliances, creams, and maybe even... shhhh...a cosmetic surgeon.  
Well, before you open that door, consider this.**THE BASIC** There are the basics for keeping a taut,  
wrinkle free, youthful neck. One is to keep an eye on your posture. Slouching allows neck muscles  
to become flaccid. With time, your neck shortens and your skin begins to hang in folds. Observe  
how you stand, walk and sit. Also remember regular exercise. Include those luscious stretches.  
Treat yourself for at least twenty minutes, three times weekly. Then there are the following facial  
acupressure stimulation points and "non-wrinkling" facial exercises to really put your  
program into high gear. You will really see and feel a difference.**LEARN HOW TO:** Give yourself a  
natural acupressure facelift as it pertains to the neck Use natural skin care to erase neck  
wrinkles Eliminate a turkey neck Tighten a sagging neck with simple neck exercises Eliminate a  
double chin Tighten your neck Eliminate jowls And **FOR A BONUS** make a simple **SKIN**  
**TIGHTENING MASK** fresh from the fridge! What people are saying! This is a must-have book for  
anyone wanting to look younger and enjoy their reflection in the mirror. I just love Julia Busch's  
power-packed books! She's spot on with her recommendations...A great alternative to expensive  
creams and massages! I've read her other wonderful books in the "Natural Facelift" series and each  
is a winner. **MUST** reading! Scroll Up and Click the orange "BUY NOW" Button to start  
Tightening Today

## Book Information

File Size: 368 KB

Print Length: 36 pages

Simultaneous Device Usage: Unlimited

Publication Date: February 21, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B007C01CS0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #421,369 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #67

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## Customer Reviews

Only 3 neck exercises that don't seem very helpful. Some acupuncture points and basic posture advice. Amazed by the positive reviews. Mostly white space on a Kindle, even though there are few pages.

This is a must-have book for anyone wanting to look younger and enjoy their reflection in the mirror. Doing these exercises regularly will tone and tighten and is far better (and cheaper & pain-free) than a surgical face lift. Why put yourself through the pain and cost of the knife, when Julia has provided such wonderful easy exercises that get lasting results? Surgical face lifts wear off and 'drop' over the years but this is evergreen. It just makes good, wholistic sense! I've read her other wonderful books in the "Natural Facelift" series and each is a winner..MUST reading!

I just read this very short book. Exercises look good, not sure about the mask recipe. May try it, though. I'll try the exercises and see if they work.

All good exercises, but my neck seems to need additional help.

Funny this book should come along just as I was looking in the mirror and thinking I'd look 15 years younger if I didn't have the flap under my chin. Perfect timing. I'm going to work on it NOW. Read it, and you'll do the same.

A complete rip-off!

I have only just started using the directions in this book but right away I noticed that my neck felt "lighter." That is often how people feel following a massage but these techniques are really light and

gentle (so you don't tug on your skin.) I believe this is a super alternative to painful and costly surgeries and I'm sure not inclined to try that route! I anticipate that using these light stimulating movements over a period of weeks will make quite a difference. Why? Because bodies heal all the time and your muscles and skin are a big part of your body. I have purchased other natural beauty books by this author and I use them, too.

As a doctor, I appreciate authors that offer up sound advice and good info. This book is one such example. The author has done a fine job in an easy-to-read format and provides sound information to any reader. This book is worth your time and investment.

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Cause Super humans and Super Heroes with Quantum Physics Super Power Breathing: For Super Energy, High Health & Longevity (Bragg Super Power Breathing for Super Energy) Super Mario Run:Diary of Super Mario: Super Run for coins! (Unofficial Super Mario Run Book) The Yoga Face: Eliminate Wrinkles with the Ultimate Natural Facelift Natural Facelift - Straighten Your Back to Lift Your Face! Super Foods for Seniors (Reverse the Effects of Aging, Rejuvenate Your Veins and Arteries, Keep Your Brain Sharp for Your Golden Years) Neck Check: Chronic Neck Pain Relief Once and For All (Super Spine) 10 Years Younger: Breakthrough Antioxidants That Reverse The Aging Process, Diminish Wrinkles And Help You Lose Weight For Good! (Anti-Aging, Anti Aging, ... Superfoods, Aging, Wrinkles, Anti Wrinkle) Anti Aging Secret of the Animals - Learn the Simple Somatic Movements That Can Cure Back Pain, Restore Your Flexibility and Rejuvenate Your Body to Its Natural, Youthful State Today! The Yoga Facelift DIABETES: 15 Super Foods To Quickly And Safely Lower Blood Sugar: How To Reverse and Prevent Diabetes Naturally (Natural Diabetes Cure - Diabetes Natural Remedies - Natural Diabetes Remedies) Everyday Chinese Cooking: Quick and Delicious Recipes from the Leeann Chin Restaurants Hail to the Chin: Further Confessions of a B Movie Actor Katie Chin's Everyday Chinese Cookbook: 101 Delicious Recipes from My Mother's Kitchen Face Reading Essentials - Forehead, Cheeks & Chin DC Super Hero Girls: Past Times at Super Hero High (DC Super Hero Girls Graphic Novels) To the Fullest: The Clean Up Your Act Plan to Lose Weight, Rejuvenate, and Be the Best You Can Be The Power of Soul: The Way to Heal, Rejuvenate, Transform and Enlighten All Life (Soul Power 3)

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